

**SINGAPORE INTERNATIONAL MASTERS SWIM MEET  
FARRER PARK SWIMMING COMPLEX**

**20-21 SEPTEMBER 2008**

**INDIVIDUAL ENTRY FORM**

MALE		FEMALE	
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NAME (underline surname):..... DOB(dd/mm/yyyy): ..... /..... / .....

ADDRESS:.....

POST CODE:..... TEL NO:..... H/P NO:.....

NATIONALITY:..... EMAIL:.....

EMERGENCY CONTACT PERSON:..... TEL NO:.....

CLUB NAME:.....

Please tick the appropriate age-group [age as at 31/12/08].

Age Group	Snr AG 19-24	A 25-29	B 30-34	C 35-39	D 40-44	E 45-49	F 50-54	G 55-59	H 60-64	J 65-69	K 70-74	L 75-79	M 80-84	N 85-89	P 90-94	Q 95-99

FREESTYLE		BACKSTROKE		BREASTSTROKE		BUTTERFLY		IND. MEDLEY	
Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time	Distance	Submitted Time
50m		50m		50m		50m		200m	
100m		100m		100m		100m		400m	
200m		200m		200m		200m		You may enter a maximum of 6 individual events.	
400m		<p align="center"><b>Entry fee S\$10 per individual event</b></p> <p align="center"><b>Cheques to be made payable to Aquatic Performance Swim Club</b></p>							
800m									

Please enter your best time, a reasonable estimate or a workout time  
Swimmers are limited to 7 events in total.

**FEES (Singapore Dollars):**

Registration – per person	\$30	<u>  \$30  </u>
(includes 1 individual event and Sunday reception)		
Non-affiliate	\$10	<u>          </u>
Number of Individual Events	..... x \$10	<u>          </u>
Total Fees Enclosed		<u>          </u>

*Cheque made payable to Aquatic Performance Swim Club, Mailing address: Orchard PO Box 788, Singapore 912327*

**CLOSING DATE: SATURDAY 13 SEPTEMBER 2008**

**Please ensure you sign the next page and return it with your form.**

## **PLEASE ENSURE YOU SIGN YOUR FORM**

### **IMPORTANT - Please read this document carefully before signing**

1. I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in the Singapore Masters Swimming Series or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
2. I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake always to conduct myself in a responsible and professional manner.
3. I undertake at all times to use my best endeavours to train and compete in a safe an proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
4. I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards to safety.
5. I acknowledge that the Aquatic Performance Swim Club, Singapore Swimming Association, Gener8 Pte Ltd, or any body affiliated thereto, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
6. I hereby agree to abide by and be governed by the rules of FINA, the Singapore Swimming Association and all other laws and regulations applicable including the SSA Safety Laws. One Start rule will be applied for this competition so desired by the organizing committee.

I have read and understand the above provisions and agree to abide by them.

Signature of Competitor: \_\_\_\_\_ Date: \_\_\_\_\_